

## [Review]

## Histone deacetylases and their inhibitors (HDACis) for bone formation and regeneration : A review

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**Key words** : *epigenetics, histone acetyltransferase, histone deacetylase inhibitors, osteogenesis*

### Abstract

The major epigenetic mechanisms affecting gene expression are histone modifications, DNA methylation, and activities of noncoding RNAs. Histone modifications by two distinctive enzymes histone acetyltransferases (HATs) and histone deacetylases (HDACs) display different mechanisms of histone substrate binding and catalysis, and affect gene transcriptions. Recently, HDAC inhibitors (HDACis) that increase acetylation of

histones have been clinically applied for certain types of diseases including cancer, epilepsy, bipolar disorder, and blood diseases. Although HDAC is controlled osteogenesis both in vitro and in vivo, no clinical application of HDACi for bone regeneration has been performed. This review introduces how HDACis affect bone regeneration in vitro and in vivo. Certain types of HDACis may be clinically useful for bone regeneration.

### Introduction

Epigenetics is defined as heritable changes in gene expression that are not linked to changes in the DNA sequence. Epigenetic events are one of the important mechanisms that regulate the differentiation of different types of cells during both prenatal and postnatal development. The major epigenetic mechanisms that affect gene expression are histone modification, genomic DNA methylation, and activities of noncoding RNAs (Gibney & Nolan, 2010). Histone modifications via two distinctive enzymes histone acetyltransferases (HATs) and histone deacetylases (HDACs) involve different mechanisms of histone substrate binding and catalysis (Buchwald, et al., 2009 ; de Ruijter, et al., 2003). Histone acetylation is generally associated with transcriptional activation, whereas deacetylation of histones represses gene expression. DNA methylation plays an important role via the addition of a methyl group to the 5<sup>th</sup> carbon of cytosine in the CpG dinucleotide sequence during DNA repair, recombination, and replication (Chin, et al., 2011). A noncoding RNA (ncRNA) is a functional RNA molecule that is

transcribed from DNA, but not translated into a protein. The epigenetic related ncRNAs include miRNA, siRNA, piRNA and lncRNA (Peschansky & Wahlestedt, 2014).

A greater understanding of the epigenetic events in bone cells could help improve tissue engineering strategies in the bone and identify novel anabolic targets. Recently, several types of histone deacetylase inhibitors (HDACis) have been used to induce calcification and promote osteogenesis. However, variations in the results of these studies exist, and a consensus on the usefulness of HDACis has not been reached thus far (Haberland, et al., 2009). In this review, we summarized on the effectiveness of several types of HDACis on osteogenesis and discussed the possibility of using them in the clinical setting.

### Histone deacetylases (HDACs) and histone deacetylase inhibitors (HDACis)

The acetylation of histone proteins is a balance between the activities of both HATs and HDACs. HDACs with his-

tone acetylation are generally associated with an increase in gene transcription, whereas deacetylation results in decreased gene transcription. Eighteen HDACs have been identified in humans, and are divided into four subclasses based on the homology to the yeast genes as follows : class I (HDAC1, HDAC2, HDAC3, and HDAC8), class IIa (HDAC4, HDAC5, HDAC7, and HDAC9), class IIb (HDAC6 and HDAC10), class III (sirtuin [SIRT1] to -7), and class IV (HDAC11) (Haberland, et al., 2009). HDACs often induced pathogenic transcriptions ; therefore their inhibition might prove useful for the treatment of various diseases (Chuang, et al., 2009). HDACis have been chemically synthesized and applied for the treatment of psychiatric and neurological diseases (van Bokhoven H., 2011). In addition, several classes of HDACis, including hydroxamic acids, cyclic peptides, butyrates, and benzamides have been discovered (Yoshida, et al., 1990 ; Komatsu, et al., 2001 ; Candido, et al., 1978). The hydroxamates include vorinostat, givinostat, abexinostat, panobinostat, belinostat, and the prototypical HDACi, trichostatin A (TSA). The cyclic peptides include compounds such as depsipeptide and troponin, whereas the benzamides include entinostat (MS-275), and mocetinostat. Some of these HDACis have been approved for use as pharmaceutical drugs (Jones, et al., 2016).

## Involvement of HDACs in bone development

Bone development is a dynamic and complex process that requires precise control of the transcriptional events in multiple cell types, and is sensitive to changes in HDACs levels (Dudakovic, et al., 2013). HDACs play important roles in maintaining the balance between osteoblastic bone formation and osteoclastic bone resorption, processes that are crucial for bone tissue homeostasis (Destaing, et al., 2005). The crucial roles of several HDACs in both intramembranous and endochondral bone development are shown in Table 1.

### a. Class I HDACs (HDAC1, HDAC2, HDAC3, and HDAC8)

The roles of HDACs in bone development have been evaluated mainly by the genetic deletion of each HDAC (Schroeder & Westendorf, 2005). Class I HDACs are essential regulators for both intramembrane and endochondral bone development. Targeted deletion of HDAC1 is lethal resulting in severe proliferation defects and retardation in development (Lagger, et al., 2002 ; Trivedi, et al., 2007). Germline deletion of HDAC2 has partial embryonic lethality, and causes significant decreases in body size and long bone length as a result of abnormal endochondral ossification (Trivedi, et al., 2007). HDAC1 and HDAC2 inhibit os-

**Table 1 :** Role of histone deacetylases (HDACs) in bone development

Class	HDACs	Targeted protein	Protein expression	Mode of action	Terminal bone phenotype	References
I	HDAC1	RUNX2	↓	Inhibition of osteoblast differentiation	Severe proliferation defects and retardation in bone development	Lagger, et al., 2002
	HDAC2	RUNX2	↓	Inhibition of osteoblast differentiation	Reduced body size and long bone length	Lee, et al., 2006
		FoxO1	↓	Increased osteoclastogenesis		Dou, et al., 2016
	HDAC3	RUNX2	↓	Suppression of osteoblast differentiation Decreased matrix mineralization	Embryonic lethal Severe endochondral bone defects Severe craniofacial malformations in skull	Singh, et al., 2013 Schroeder et al., 2004
HDAC8	Otx2 and Lhx1	↑	Decreased intramembranous ossification	Ossification defects in frontal bone	Haberland, et al., 2009	
II	HDAC4	RUNX2	↓	Premature endochondral ossification by repressing transcriptional activity	Skeletal defects and premature skull ossification	Vega, et al., 2004
	HDAC5	RUNX2	↓	Suppression of osteoblast differentiation	Reduced trabecular bone density Juvenile osteoporosis	Obri, et al., 2014 Kang, et al., 2005
	HDAC6	RUNX2	↓	Cytoskeletal changes in osteoclasts and bone resorption	Increased cancellous bone density	Westendorf, et al., 2002 Zhang, et al., 2008
	HDAC7	RUNX2	↓	Regulation of endochondral ossification by deacetylation-independent manner	Reduced femur lengths, and decreased trabecular bone density	Jensen, et al., 2008 Bradley, et al., 2015
III	Sirt1	NA	NA	Osteoblast differentiation of mesenchymal stem cells	Developmental defects, including shorter stature, craniofacial abnormalities, increased cartilage apoptosis Reduced endochondral ossification	Bradley, et al., 2015 Cheng, et al., 2003 Backesjo, et al., 2006
	Sirt6	NA	NA	Facilitates endochondral ossification by controlling chondrocyte proliferation and differentiation	Bone growth retardation	Mostoslavsky, et al., 2006

HDAC : Histone deacetylase ; RUNX2 : Runt-related transcription factor 2 ; ↑ : Up regulation ; ↓ : Down regulation ; Otx2 : Orthodenticle homeobox 2 ; Lhx1 : LIM homeobox 1 ; Sirt : Sirtuin ; NA : Not applicable.

teoblast differentiation via down-regulation of the Runx2-related transcription factor 2 (Runx2), a key factor for osteoblast differentiation (Lagger, et al., 2002 ; Lee, et al., 2006). HDAC2 also inhibits Forkhead box protein O1 (FoxO1), a negative regulator of osteoclast differentiation to promote osteoclastogenesis (Dou, et al., 2016). Furthermore, germline deletion of HDAC3 has been shown to cause early embryonic lethality (Montgomery, et al., 2008), whereas, HDAC3 suppression caused severe endochondral bone defects due to decreased amount of cartilage matrix formation, fewer osteoblasts, and poor cortical as well as trabecular bone architecture in animals (Bradley, et al., 2013 ; Razidlo, et al., 2010). HDAC3 is also involved in intramembrane bone development. Loss of HDAC3 in the neural crest cells resulted in severe craniofacial malformations, including microcephaly, cleft palate, impaired bone formation in the skull, and hypoplasia of the teeth (Singh, et al., 2013). Similarly, HDAC3 conditional knockout mice in osterix-expressing progenitor cells resulted decreases in calvarial bone thickness and density (Razidlo, et al., 2010). The global deletion of the HDAC8 gene in mice leads to perinatal lethality due to altered cranial and facial features, and this is phenocopied by the conditional deletion of HDAC8 in cranial neural crest cells (Haberland, et al., 2009). Both, HDAC3 and 8 are transcriptional co-repressors of several transcription factors ; therefore, the suppression of HDAC 3 in preosteoblasts reduces matrix mineralization and the expression levels of several genes that target Runx2 (Schroeder et al., 2004). HDAC8 represses the aberrant expression of homeobox transcription factors, specifically, orthodenticle homeobox 2 (Otx2) and LIM homeobox 1 (Lhx1), essential for proper head development (Haberland, et al., 2009). Taken together, HDAC1, 2, and 3 play important roles in bone development via Runx2 activation. HDAC8 contributes to normal bone formation via its inhibitory effect on the aberrant expression of homeobox proteins.

#### **b. Class II HDACs (HDAC4, HDAC5, HDAC6, and HDAC7)**

Class II HDACs mainly contribute to endochondral bone development. Unlike the class I HDACs, germline deletion of most class II HDACs does not cause embryonic lethality but results in some level of functional redundancy. HDAC4 deficiency leads to premature endochondral ossification resulting in skeletal defects such as vertebrae body fusion, de-

crease in the length of the long bone, and premature skull ossification (Vega, et al., 2004). Although HDAC5 knockout mice showed no abnormal structures or growth defects, they presented with reduced trabecular bone density at 2–3 months of age, despite modest increases in the rates of bone formation (Obri, et al., 2014). The genetic deletion of murine HDAC6 modestly increased the density of the cancellous bone (Zhang, et al., 2008 ; Westendorf, et al., 2002). Postnatal deletion of HDAC7 in the same population of chondrocytes led to an expansion of the proliferative zone, narrowing of the hypertrophic zone, reduction in femur lengths, and decrease in trabecular bone density (Bradley, et al., 2015a). Class II HDACs have low intrinsic deacetylase activity and work through functional complexes involving a class I HDAC. All class II HDACs have been shown to deacetylate Runx2 thereby, repressing its transcriptional activity, decreasing osteoblast differentiation, and promoting osteoclastogenesis (Table 1) (Kang, et al., 2005 ; Westendorf, et al., 2002 ; Jensen, et al., 2008).

#### **c. Class III HDACs (Sirt1 and Sirt6)**

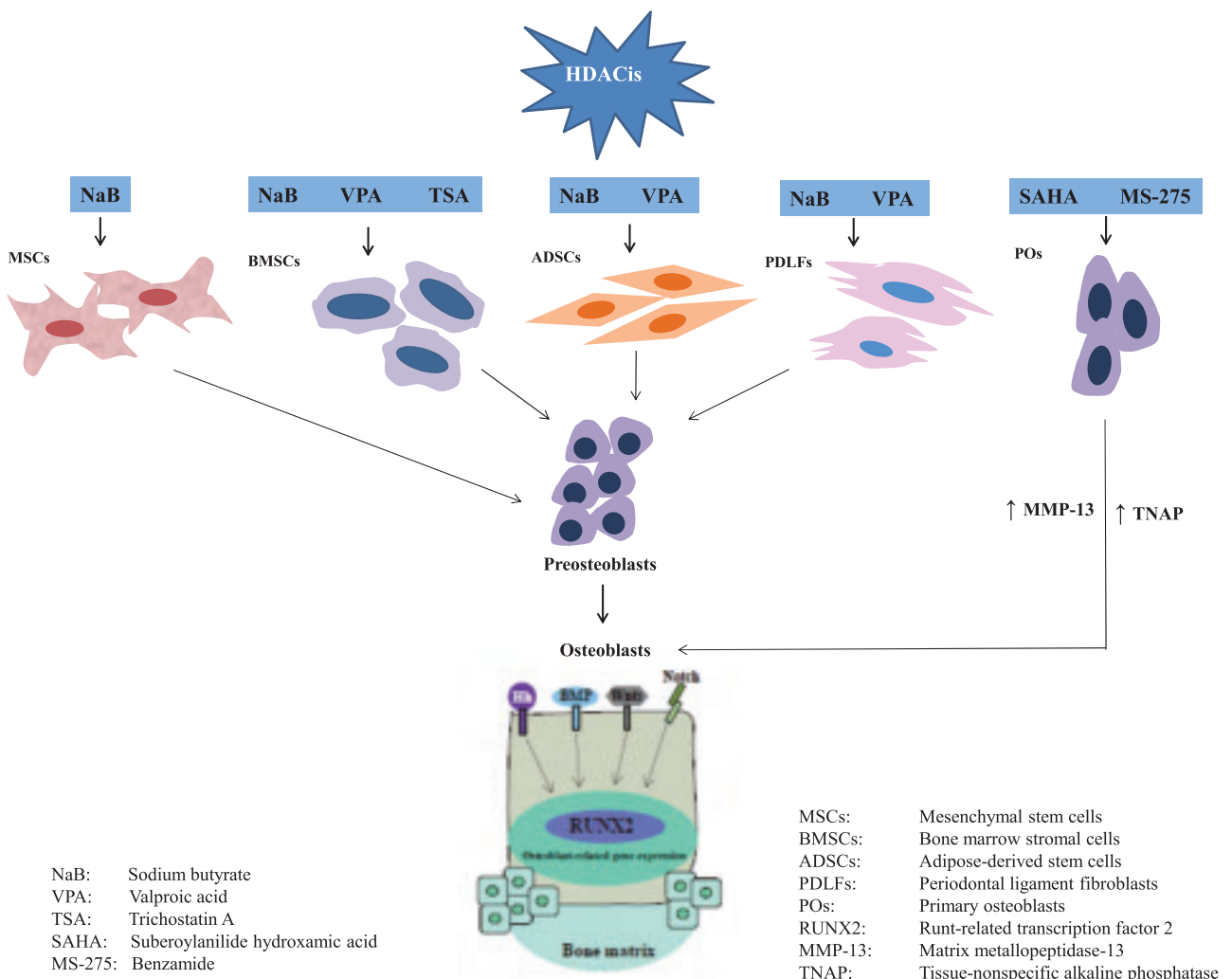
Class III HDACs, Sirt1 and Sirt6, play important roles in endochondral ossification. The activation of Sirt1 in mesenchymal stem cells promotes osteogenic differentiation, essential for endochondral ossification (Barter, et al., 2012). Germline Sirt1 deficiency increased p53-mediated apoptosis and produced severe developmental defects, including shorter stature, craniofacial abnormalities, increased cartilage apoptosis, and reduced endochondral ossification and cortical thickness in mice (Cheng, et al., 2003). Sirt6 facilitates endochondral ossification by controlling chondrocyte proliferation and differentiation. Sirt6 knock out mice displayed growth retardation shortly after birth, failed to thrive, and died at around 3.5 weeks of age due to genomic instability and degeneration of multiple organs (Mostoslavsky, et al., 2006). Although Sirt1 and Sirt6 have been shown to play important roles in bone development, the involvement of the other types of Sirts remains to be elucidated.

#### **Involvement of histone deacetylase inhibitors (HDACis) in osteogenesis**

HDACis affect many cellular properties, such as the cell cycle, Progression proliferation rates, gene expression, differentiation potential, accumulation of reactive oxygen species, and changes in cell death pathways (Khan & La

Thangue, 2012 ; Conte & Altucci, 2012 ; Dawson & Kouzarides, 2012). Attempts to apply HDACis for the regeneration of different tissues, such as cardiac, neural/nervous, dental, liver, and cartilaginous tissues, have been made (Ohtani & Dimmeler, 2011 ; Hsieh, et al., 2004 ; Duncan, 2011, 2012 ; Kurinna, et al., 2011 ; Hong, et al., 2009). Among them, the involvement of HDACis in bone regeneration is well documented (Boer, et al., 2006 ; Cho et al., 2005 ; Huynh et al., 2016, 2017). The osteogenic differentiation of different cell types is accelerated by several types of HDACis including sodium butyrate (NaB), valproic acid (VPA), trichostatin A (TSA), suberoylanilide hydroxamic acid (SAHA), and Benzamide (MS-275) (Fig. 1 ; Table 2). NaB promoted osteoblast bone formation by enhancing the activities of Runx2 and ALP in vitro (Iwami & Moriyama, 1993) ; the effects of NaB on the osteoblastic cell line and periodontal ligament fibroblast were reported for the first time in this study. Similarly, VPA and TSA enhanced osteo-

genic differentiation with the upregulation of several osteoblast marker genes (Lee, et al., 2006, 2009 ; Cho, et al., 2005 ; Xu, et al., 2009, 2013 ; Jeon, et al., 2006). SAHA, another pan HDACi, promoted mineralization and migration in primary osteoblasts by inducing the expression and activity of metalloproteinase (MMP)-13 (Duncan, et al., 2016). In addition, MS-275 has been found to stimulate bone formation by inducing the transcription of tissue-nonspecific alkaline phosphatase (TNAP) (Kim, et al., 2011). Together, these data indicate that the suppression of HDAC activity with these HDACis sufficiently promote the osteogenic differentiation of several cells via the upregulation of various transcription-related proteins, which may distinct roles during this process.



**Fig 1 :** Schematic representation showing role of HDACis on several cells for osteogenesis

**Table 2 :** The role of HDAC inhibitors (HDACis) on osteogenesis

Inhibitor	Targeted cell	Mechanism of action	Effect	References
NaB	Cloned osteoblastic cell lines Periodontal ligament fibroblasts	Increased ALP activity	Enhancement of bone formation	Iwami & Moriyama, 1993
	Primary bone marrow cells Rat osteosarcoma cells Calvaria cells	Increased the expression of Runx2, OC and ALP	Osteogenesis	Lee, et al, 2006, 2009
	Adipose-derived stromal cells	Decreased oxygen tension	Osteogenesis	Xu, et al., 2009
VPA	Adipose cells Bone marrow stromal cells	Increased the expression of Runx 2, OSX, OPN, BMP2 and ALP	Osteogenic differentiation	Cho, et al., 2005 Jeon, et al., 2006
	Adipose-derived stromal cells	Decreased oxygen tension	Osteogenesis	Xu, et al., 2009
	Dental pulp stem cells	Increase OC, BSP, OPN	Osteogenesis	Shen, et al., 2002
TSA	Primary bone marrow cells Rat osteosarcoma cells Calvaria cells	Increased the expression of Runx2, OC and ALP	Osteogenesis	Lee, et al, 2006, 2009
	Bone marrow stromal cells	Increased the expression of Runx2 and ALP	Osteogenic differentiation	Cho, et al., 2005
	Human periodontal ligament cells	Increased the expression of Runx2	Osteogenesis and enhanced mineral deposition	Huynh, et al., 2016
SAHA	Primary osteoblasts	Increased MMP-13	Osteogenesis	Duncan, et al., 2016
MS-275	Primary osteoblast precursors	Increased TNAP	Osteoblast bone formation	Kim, et al., 2011

NaB : sodium butyrate ; VPA : valproic acid ; TSA : Trichostatin A ; SAHA : suberoylanilide hydroxamic acid ; MS-275 : benzamide ; ALP : alkaline phosphatase ; Runx2 : runt-related transcription factor 2 ; OC : osteocalcin ; OSX : osterix ; OPN : osteopontin ; BMP2 : bone morphogenetic protein 2 ; BSP : bone sialoprotein ; MMP-13 : matrix metalloproteinase ; TNAP : tissue-nonspecific alkaline phosphatase.

## Possible clinical applications of histone deacetylase inhibitors (HDACis) for bone regeneration

To date, four HDACis have been approved by the United States Food and Drug Administration (US FDA) for the following anti-cancer drugs : Vorinostat, Romidepsin, Belinostat, and Panobinostat. Vorinostat (SAHA ; trade name, Zolinza<sup>®</sup>) is a linear hydroxamate compound that was approved for the treatment of cutaneous T-cell lymphoma (CTCL) (Mann, et al., 2007). Romidepsin (FK228 or depsipeptide ; trade name, Istodax<sup>®</sup>) is a cyclicpeptide HDACi that was originally approved for the treatment of CTCL by the US FDA ; subsequently, its use was extended for the treatment of peripheral T-cell lymphoma (PTCL) (Whittaker, et al., 2010). A third FDA approval was given for the HDACi Belinostat (PXD 101 ; trade name, Beleodaq<sup>®</sup>), which is a hydroxamic acid compound licensed for the treatment of relapsed or refractory PTCL. Like the other two FDA-approved HDACis, Belinostat is in the clinical trial phase for solid tumors (Poole, 2014). Panobinostat (LBH-589 ; trade name, Farydak<sup>®</sup>) is the most recently approved HDACi (Oki, et al., 2013) and was licensed for the treatment of multiple myeloma. Additionally, more than five HDACis are in phase III clinical trials, including repositioning of already approved HDACis (Jeon, et al., 2006). In ad-

dition to cancer treatment, the use of HDACis has been evaluated in various non-cancer diseases including neurodegenerative disease, inflammatory disease, osteoporosis, cardiovascular disease, HIV, and neurological diseases (Choi & Mostoslavsky, 2014 ; Dinarello, et al., 2011 ; Falkenberg & Johnstone, 2014 ; Lakshmaiah, et al., 2014). Some HDACis have been used for the treatment of experimentally-induced osteoporosis and fractures, and have successfully promoted bone regeneration in animal models (Boer et al., 2006 ; McGee-Lawrence & Westendorf, 2011). Thus, they may be applied for bone regeneration as a clinically secure drug.

## Conclusion

Recently, it has been demonstrated that HDACis can improve tissue engineering strategies. Bone tissue engineering has found early success in studies combining mesenchymal stem cells (MSCs) with HDACis ; therefore, there is a potential to translate this research into the clinical settings. Presently, researchers aim to combine scaffolds with growth factors, suitable cells, and environmental stimuli to generate functional tissue, such as bone and dentin in hard tissue regeneration region. This review shows that HDACis could be utilized as chemical cues to improve the efficacy of current tissue engineering techniques.

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